C:\Users\crougeau\Downloads\Moments.doc 09/11/15

KS4 Physics Module 4

## Moments and Levers

The turning effect of a force is called a "moment". You may have heard of "leverage" or "torque" – they're the same thing. We work it out using **Moment = Force x Distance**. The force must be in Newtons (N), the distance in metres (m), and we measure moments in "Newton Metres"(Nm)

